

# Classes and Programs.

*Deepen your Love of Dance!*



## Quick Reference Dance Genres

### Take **Jazz** if you like to move and groove

Jazz is stylized dancing that is energetic and fun. It focuses on developing proper technique, flexibility, leaps and turns.

### Take **Hip Hop** if you like trendy music and dances

Hip Hop is a freestyle form of dance that stems from the roots of jazz, but incorporates modern urban movements and is performed to modern music.

### Take **TAP** if you like rhythms and sounds

Tap develops a strong sense of rhythm, coordination and agility by creating sounds with the feet.

### Take **Contemporary** if you like to dance from your soul

Contemporary combines the technical elements of dance with feelings and emotions. It tells a story through fluid and smooth movement.

### Take **Musical Theatre** if you like Broadway

Musical Theatre mimics Broadway performances and is fun, energetic, showy and stylized. Focus is placed on building a triple threat performer who can sing, dance, and act!

## Foundations: Ballet, Tap, & Jazz

The core dance disciplines of Ballet, Tap, and Jazz! Your Dancer will study and learn concepts and skills from classical Syllabi, giving them a strong technical dance foundation. Dancers will LOVE learning dance fundamentals - all while basking in oodles of glitter and glitz!

## Elementary Level 4th-6th Grade

### Build a Strong Technical Foundation!

#### **Ballet**

Following a classical syllabus, our Ballet classes promote technique, poise, and agility, and introduce age-appropriate movements at each level. Taught with classical music and French terminology, Ballet is known as the building block for all styles of dance!

#### **TAP**

Rhythm and timing are the focus in this lively class. Dancers learn classic steps and phrases, building their skill in musicality, clarity, and speed throughout each year of study.

#### **Jazz**

With an influence of both tradition and trends, our Jazz classes incorporate the latest styles, offering our Dancers a well-rounded experience. Technique and self expression grow step by step as the Dancers groove through each class to upbeat music.



# ALL INCLUSIVE XPERIENCE

## Compliment the Foundation with...

### **ACRO**

With the guidance of Acrobatic Arts syllabus, Acro classes offer Dancers the chance to hone their strength and flexibility. Beginning with Acro fundamentals such as somersaults and cartwheels, Dancers safely build the skills they need to achieve more complex movements, such as elbow stands, walkovers, and side aerials.

### **Contemporary**

Study classical techniques from Limón, Horton, and Graham and develop a strong grounded sense of movement. This class is all about body awareness, and making pictures with the shapes and lines of the body that are created from the inside out.

### **Musical Theatre**

Singing, dancing, and acting all take centre stage in our Musical Theatre classes, which are designed to build off of Jazz technique and grow each Dancer's artistry. With several mini-musical opportunities throughout the year, Dancers build their confidence as a "triple threat" performer!

### **Hip Hop**

This high-energy class offers Dancers a way to explore age-appropriate street movements set to popular music. Body isolations, quick footwork, and syncopated rhythms are emphasized, along with learning how to freestyle.



The STAR leadership program is a youth leadership training course. The STAR leadership course focuses on monthly themes of gratitude, giving, public speaking, positive self-image, respect, time management, budgeting money and many other topics that are valuable in leadership development.

\*\*\*These classes meet once every other month. Star Leadership is \$20 a class.

Rollover Registration makes it easy for you to secure your spot...and all of the perks for next season! Recital isn't the end, just a moment in your journey.

# STEP 1: Choose your Experience

MAXIMUM  
Xperience

\$464 /11 Monthly Installments

✓ 5 Classes

✓ Performance Package

ULTIMATE  
Xperience

\$387 /11 Monthly Installments

✓ 4 Classes

✓ Performance Package

PLUS MORE  
Xperience

\$290 /11 Monthly Installments

✓ 3 Classes

✓ Performance Package

MINI  
Xperience

\$194 /11 Monthly Installments

✓ 2 Classes

✓ Performance Package

Single Class All Inclusive: 1 Class \$110 /11 Monthly Installments

# STEP 2: Choose your Classes

\*Class held in Studio D

Monday:

☐ 5:00-6:00pm Elem Ballet

☐ 5:15-7:15pm Theatre Bugs Rehearsal\*

☐ 6:00-7:00pm Elem Jazz

☐ 7:00-7:45pm Elem Hip Hop

Tuesday:

☐ 5:00-6:00pm 360 Dancer\*

☐ 5:00-5:45pm Elem Contemporary

☐ 6:30-7:30pm Elementary Ballet

☐ 6:45-7:30pm Prim/Elem Acro\*

☐ 7:30-8:30pm Ensemble Hip Hop\*

Wednesday:

☐ 6:00-7:00pm Elem/Int Ballet

☐ 7:00-7:45pm Elem/Int Tap

☐ 7:45-8:30pm Elem/Int Hip Hop

☐ 7:15-8:15pm YDE Contemporary \*

Thursday:

☐ 5:00-5:45pm JDE Jazz

☐ 5:00-5:45pm Elem Hiphop

☐ 6:00-6:45pm Musical Theatre 1\*

☐ 6:45-7:45pm Musical Theatre 2\*

☐ 6:30-7:30pm Elem/Int Contemporary

☐ 8:00-8:45pm JDE Contemporary

☐ 7:45-8:45pm YDE Jazz

Saturday:

☐ 11:30am-12:30pm Elem/Int Jazz

☐ 12:30-1:30pm Elem/ Int Ballet

☐ 1:00-1:45pm Prim/Elem Acro\*

☐ 1:30-2:30pm Elem/ Int Contemporary

☐ 2:30-4:30pm Theatre Bugs Rehearsal\*

# STEP 3: Choose your Add Ons

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Tip Top  
TIGHTS

2 Pairs of tights delivered to your dancer in September, November, January, & March! No more going in the dance drawer to pull out old, ratty, and teared up tights!

\$20 run 9/1, 11/1, 1/1 & 3/1

☐

Master  
Class  
Series

A class experience given to our students by teaching artists & experts around the Chicagoland area. Classes may include, Jazz, Hip Hop, Contemporary, and more!

\$25 run on 9/1, 11/1, 1/1, & 3/1

☐

PEAK  
PERFORMANCE  
Privates

Enjoy 6 Weeks of dance or music private lessons scheduled at your convenience. While Peak Performance Privates run in 6 Week Sessions, multiple sessions may be booked at once.

\$198

☐

Theatre  
Bugs  
get bit!

Join us Mondays & Saturdays, Sept-Dec for a fully staged production. This nurtures the growth of confidence in their own ideas and self-expression through collaborating with peers.

\$150 run on 8/15 and 9/15