

Classes and Programs.

Deepen your Love of Dance!

High School Level Classes

Build a Strong Technical Foundation!

Ballet™

Our Ballet classes follow a classical syllabus, fostering technique, poise, and agility while introducing age-appropriate movements at every level. With instruction accompanied by classical music and French terminology, Ballet serves as the foundation for all dance styles!

TAP™

Rhythm and timing are the focus in this lively class. Dancers learn classic steps and phrases, building their skill in musicality, clarity, and speed throughout each year of study.

Jazz

Our Jazz classes blend tradition with the newest trends, providing dancers with a comprehensive experience. Each class fosters technique and self-expression as dancers groove to upbeat music, evolving their skills step by step.

TeenEssentials

Teen ballet essentials is a class for dancers who are new or returning to dance. This class goes over ballet fundamentals. It utilizes techniques and movements inherent in Ballet, Jazz and Contemporary Dance designed to develop the expression of music through creative and fun choreography.

Compliment the Foundation with...

Contemporary

Master classical techniques from Limón, Horton, and Graham to cultivate a grounded sense of movement and body awareness. Create captivating shapes and lines from within in this class focused on artistic expression.

360Dancer

Acro classes, guided by the Acrobatic Arts syllabus, empower dancers to enhance their strength and flexibility. Starting with fundamental skills like somersaults and cartwheels, dancers progress safely to master more intricate movements, including elbow stands, walkovers, and side aerials.

MusicalTheater™

In our Musical Theatre classes, singing, dancing, and acting are the stars, building on Jazz technique to enhance each dancer's artistry. Featuring multiple mini-musicals annually, dancers develop confidence as versatile performers, mastering the "triple threat" skillset!

Hip Hop

This dynamic class allows dancers to explore age-appropriate street movements to popular music. Emphasizing body isolations, quick footwork, and syncopated rhythms, dancers also learn the art of freestyle.

ActingFundamentals

A theater class aimed at developing a toolbox of technical acting skills! The season will be divided into 4 main lessons: Acting Techniques for the Stage, Intro to Shakespeare, Comedy & Improv, & Acting for the Camera.



Quick Reference Dance Genres

Take **Jazz** if you like to move and groove

Jazz is stylized dancing that is energetic and fun. It focuses on developing proper technique, flexibility, leaps and turns.

Take **Hip Hop** if you like trendy music and dances

Hip Hop is a freestyle form of dance that stems from the roots of jazz, but incorporates modern urban movements and is performed to modern music.

Take **TAP** if you like rhythms and sounds

Tap develops a strong sense of rhythm, coordination and agility by creating sounds with the feet.

Take **Contemporary** if you like to dance from your soul

Contemporary combines the technical elements of dance with feelings and emotions. It tells a story through fluid and smooth movement.

Take **MusicalTheater** if you like Broadway

Musical Theatre mimics Broadway performances and is fun, energetic, showy and stylized. Focus is placed on building a triple threat performer who can sing, dance, and act!

Take **Ballet** if you like feeling royal and poised

Ballet develops discipline and technique that is essential to all forms of dance, as well as proper posture, placement, alignment.

Take **360Dancer** if you like to tumble and stretch

Acro focuses on tumbling, cartwheels, bridges, and walkovers. It focuses on flexibility, strength, balance, and agility.

Join **forevermore** if you love to perform

The Forevermore Dance Ensemble is designed for students ages 6 - 18 who want to make dancing and performing a priority. It is a great opportunity to improve their dance technique and enhance their training, in addition to learning about teamwork and forming a community with peers.



STEP 1: Choose your Xperience



\$475 / 11 Monthly Installment

- 5 Classes
- Performance Package



\$418 / 11 Monthly Installments

- 4 Classes
- Performance Package



\$313 / 11 Monthly Installments

- 3 Classes
- Performance Package



\$210 / 11 Monthly Installments

- 2 Classes
- Performance Package

Single Class All Inclusive: 1 Class \$119 / 11 Monthly Installments

Recital isn't the end, just a moment in your journey.

STEP 2: Choose your Classes

Monday:

- 5:15-7:15pm Theatre Bugs Rehearsal*
- 7:00-8:00pm Int/Advanced Jazz
- 8:00-8:45pm Int/Adv Hip hop
- 8:00-9:15pm Advanced Ballet

Tuesday:

- 5:00-6:00pm 360 Dancer*
- 6:00-6:45pm Adv Hip Hop*
- 7:30-8:15pm Int/Adv Tap
- 7:30-8:30pm Ensemble Hip Hop*

Wednesday:

- 6:45-7:45pm Teen Essentials*
- 7:00-8:15pm Advanced Ballet
- 8:15-9:00pm Advanced Pointe

Thursday:

- 5:30-6:45pm Int/Adv Ballet
- 6:45-7:30pm Pointe
- 6:30-7:30pm Musical Theatre 2*

Saturday:

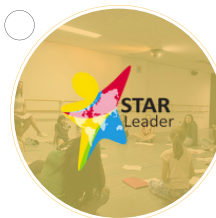
- 10:30-11:45am Advanced Ballet
- 11:45-12:30pm Advanced Pointe
- 12:30-1:30pm SDE Jazz
- 2:00-3:00pm SDE Contemporary
- 12:30-1:30 Acro Essentials
- 1:45-3:45pm Theatre Bugs Rehearsal*

STEP 3: Choose Your Add Ons



2 Pairs of tights delivered to your dancer in September, November, January, & March! No more going in the dance drawer to pull out old, ratty, and teared up tights!

\$20 run 9/1, 11/1, 1/1 & 3/1



The STAR leadership program offers comprehensive youth leadership training, covering monthly themes like gratitude, public speaking, time management, and more essential topics for effective leadership development.

***These classes meet once every other month. Star Leadership is \$20 a class.



Enjoy 6 Weeks of dance private lessons scheduled at your convenience. While Peak Performance Privates run in 6 Week Sessions, multiple sessions may be booked at once.

\$198



Join us Mondays & Saturdays, Sept-Oct for a fully staged Halloween Cabaret. This nurtures the growth of confidence in their own ideas and self-expression through collaborating with peers.

\$100 Deposit Due at Registration